

**Boy Scout Troop 965**  
**Shakedown Hike Packing List (September 09, 2006)**

**Wear:**

- \_\_\_\_\_ Hiking pants or shorts and a hiking shirt. *Avoid cotton clothing.*
- \_\_\_\_\_ Hiking socks. *Avoid cotton socks.* Select socks with extra cushion in the heel and toe areas.
- \_\_\_\_\_ Sturdy hiking boots that will support your ankles.
- \_\_\_\_\_ Hat, either the Troop hat or a rain/sun hat.
- \_\_\_\_\_ Class B uniform shirt on top of your hiking shirt. We'll take it off at the trailhead.

**Back your Daypack with:**

- \_\_\_\_\_ 2 liters of water
- \_\_\_\_\_ rain gear
- \_\_\_\_\_ compass
- \_\_\_\_\_ pocketknife & Totin' Chip card
- \_\_\_\_\_ paper & pencil
- \_\_\_\_\_ personal first aid kit
- \_\_\_\_\_ flashlight with extra batteries & spare bulb
- \_\_\_\_\_ extra shoelaces
- \_\_\_\_\_ extra socks in a zip lock bag
- \_\_\_\_\_ large plastic trash bag (33-gallon) or emergency "space" blanket
- \_\_\_\_\_ whistle on a lanyard
- \_\_\_\_\_ emergency food, a snack bar or energy bar that you don't plan on eating
- \_\_\_\_\_ trail snacks – think carbs!
- \_\_\_\_\_ sunglasses
- \_\_\_\_\_ sunscreen (small)
- \_\_\_\_\_ insect repellent (small)
- \_\_\_\_\_ toilet paper – small travel roll or personal pack of tissues
- \_\_\_\_\_ bandanna
- \_\_\_\_\_ small plastic bag for trash
- \_\_\_\_\_ waterproof cover for daypack (large trash bag will work)