



C & O Canal Trip Packing List

Gear for Biking During the Day

Bike
Water Bottle – *filled with water* (in holder attached to bike)
Helmet
Spare inner tube for your bike tire and a tube repair kit
Bike tool kit (wrench, screwdriver, tire levers, etc.)
Ahead of trip, treat tires with Slime or similar product
Daypack or bike pack for your personal day gear
Camelback – *filled with water* (optional)
Watch (optional)
Sunglasses (optional)
Personal first aid kit
National Parks Passport Book (optional, if you already own one)
Inhaler or EPI pen for those who may require these items

Gear for Camping

Duffle bag
Lightweight sleeping bag
Sheet
Pillow (small)
Foam pad
Flashlight with extra batteries
Towel, washcloth and toiletries
Gold Bond powder or baby powder
Rain gear
Swimsuit
Insect repellent
Sunscreen
Class “C” red Troop t-shirt(s)
Underwear – **must be briefs** for seven days
Extra shoes
Socks for seven days
Shorts & Shirts for seven days
Sleeping clothes
Hanger for Scout uniform
Folding chair for camp (optional)
Scout Handbook, if you plan on pursuing advancement during the trip
Spending money (\$25 - \$30 recommended) for C & O Canal Visitor Center gift shop, Harper’s Ferry stores and attractions and Fort Frederick gift shop.

Gear for Cumberland

Family picnic lunch (or personal bag lunch) for Saturday in Cumberland
Wear Class “B” Scout uniform to Cumberland
Wear your Troop 965 Scout hat