

Timberline Ski Trip

Packing List

Outer layer jacket (preferably waterproof/windproof)	Sunglasses or goggles
Long underwear	Warm socks (not cotton)
Ski pants or bibs (NO BLUE JEANS for skiing!!)	Sleeping Bag
Two pair gloves/mittens	Towels/washcloth
Hat or headband – keep those ears warm	Soap/shampoo
	Board games/homework
Attitude for fun ... respect for others	

MEAL PLANS

Breakfast: 0600 – 0830am
Lunch: 1030am-200pm
Dinner: 300-530pm for the evening special
500-0800pm for ala carte

Breakfast: One trip through the cafeteria with a choice of scrambled eggs, french toast, seasoned potatoes, bacon, sausage, gravy & biscuits. One juice, coffee, tea or milk.

Lunch: One medium fountain drink. Choice of Hamburger plate w/ fries, one slice of pepperoni or cheese pizza w/ fries, Daily special, or Order ala carte.

Dinner: One medium fountain drink. Pasta dinner with salad & garlic toast or order ala carte.

Pizza Special: 3 or 4 people can combine for one large cheese or pepperoni pizza and a drink each. You can also schedule your pizza pickup. Order by 1000am for the lunch pizza and by 300pm for dinner pizza.

Costs

Lodging, meals, lift tickets (Sat & Sun), night skiing (Sat), ski rental, and ski/board lessons, & taxes : \$139.00/person

Transportation: \$36.00/person This is a 4 ½ hour drive one way in good weather. I'm hoping for at least 7 drivers with 4 passengers.

Additional Costs

SnowBoard rental (Board and boots per day)	\$29.00
Snow Blade Rental Per Day	\$25.00
Helmet Per Day	\$8.00

Information We Need NLT 10 Jan 08 if you are going:

First Name:

Last Name:

Age:

Height:

Weight:

Shoe Size:

Skier Type:

CHECK ONE: Own & using Skis/board Need Skis/board

Check One: Skis Snowboard (\$29.00/day) Snow Blade (\$25.00/day)

Check One: Lessons: Yes No

Check One: Snowboard Type: Regular Goofy N/A
Left foot forward Right foot forward

Skier Type Chart (For Ski Equipment ONLY. Not to be used in determining ski lesson levels)
Determining your skier type is your responsibility. Please be sure to classify yourself accurately.

TYPE I Skiers:

All beginning skiers. Ski Conservatively. Prefer slower speeds. Prefer easy to moderate slopes (Green circle and blue square). Ski cautiously at lighter ski binding release/retention settings. CAUTION! Settings at this level correspond to an increased risk of inadvertent binding release in order to gain increased releasability in a fall.

TYPE II Skiers:

Prefer a variety of speeds. Ski on varied terrain, including most difficult (Black diamonds) trails. Ski moderately at average release /retention settings.

TYPE III Skiers:

Normally ski at high speeds (but under control). Prefer steeper and more challenging terrain. Ski aggressively at higher release/retention settings. CAUTION! Settings at this level correspond to decreased releasability in a fall to gain a decreased risk of inadvertent binding release.